

Pole Dance Ireland – 20th Anniversary Aerial Arts Showcase

Official Rules & Regulations

Venue: The Sugar Club, Leeson Street, Dublin 2, Ireland

1. Event Overview

The Pole Dance Ireland 20th Anniversary Aerial Arts Showcase is a non-competitive performance event designed to celebrate aerial artistry, creativity, and the pole community. This showcase welcomes performers of all levels and styles. Acts may be **solo**, **doubles**, or **groups**.

A wide range of performance genres is accepted, including:

- **Pole dance**
 - **Aerial hoop (lyra)**
 - **Burlesque** (tasteful, artistic, and venue-appropriate)
 - **Aerial silks** (minimum performer requirement applies)
 - **Flying pole** (minimum performer requirement applies)
 - **Other aerial or speciality apparatus** (minimum performer requirement applies; subject to safety approval)
-

2. Act Types & Apparatus Requirements

2.1 Solo, Doubles, and Group Acts

All performers may apply as:

- **Solo acts** (one performer)
- **Doubles acts** (two performers)
- **Group acts** (three or more)

2.2 Apparatus Categories

For **pole** and **aerial hoop**, single, doubles, or group acts are welcome with max 5 persons per group act.

2.3 Minimum Requirements for Non-Pole/Hoop Apparatus

Because of rigging time, logistical considerations, and safety assessments, any apparatus other than pole or hoop — including but not limited to:

- **Aerial Silks**
- **Flying Pole**
- **Trapeze**
- **Cube**
- **Straps**
- **Other non-standard or speciality apparatus**

must have a minimum of 3 confirmed performers to be considered and approved for inclusion in the showcase.

If fewer than three performers apply for a specific apparatus category, the act type may be cancelled, combined with another category, or converted to a different apparatus depending on feasibility.

3. Burlesque Acts

Burlesque performances are permitted with the following conditions:

- Costumes and choreography must be **venue-appropriate** for The Sugar Club's policies.
 - Full nudity is **not permitted**.
 - Performers must follow all safety guidelines, including footwear, prop use, and stage awareness.
 - Any props must be approved in advance (feathers, chairs, floor work, etc.).
-

4. Music Requirements

- Maximum music length: **4 minutes**.
 - Music must be submitted by the deadline given in the confirmation email.
 - Final edited tracks must be performance-ready (no additional editing will be done by event staff).
 - Explicit or offensive lyrics may be rejected at the organiser's discretion, depending on venue regulations.
-

5. Rehearsals & Stage Requirements

5.1 Mandatory Tech Rehearsal

All performers must attend the designated rehearsal time on the day of the show unless an exception is approved in writing.

5.2 Stage Awareness

Performers must:

- Be familiar with stage entrances, exits, and backstage areas.
 - Follow all instructions from stage managers, riggers, and event staff.
 - Use grip aids responsibly and avoid substances that may damage equipment.
-

6. Health, Safety, & Conduct

Safety is the highest priority of Pole Dance Ireland and The Sugar Club.

6.1 Performer Responsibility

All performers agree to:

- Use only skills and tricks they can safely execute.
- Warm up appropriately before performing.
- Notify staff of any injuries or concerns.
- Follow all rigging, backstage, and equipment guidelines.

6.2 Aerial Equipment Safety

- Only event-approved riggers may install or adjust equipment.
- Performers may not make rigging changes themselves.
- Personal apparatus must be pre-approved in writing if used onsite.

6.3 Behaviour Expectations

- Respectful behaviour is required at all times.
 - Harassment, intoxication, or unsafe conduct may result in removal from the event.
-

7. Liability & Waiver

By participating in the Pole Dance Ireland 20th Anniversary Aerial Arts Showcase, performers acknowledge and agree to the following:

- Aerial and pole activities carry inherent risks, including but not limited to muscle strain, falls, bruising, and equipment-related injury.
 - **Pole Dance Ireland, its organisers, staff, riggers, volunteers, and The Sugar Club accept no liability for any injury, loss, or damage sustained by participants before, during, or after the event.**
 - Performers participate **at their own risk**.
 - Performers are responsible for ensuring their own physical readiness and for carrying personal insurance if desired.
-

7A. Eligibility & Act Types

Eligibility

- Performers must be at least **18 years of age** on the day of the event.
- Participants must wait until one of our team accepts your application.
- Payment of €20 per person is required to secure your spot once offered.
- All participants must submit a completed registration form and agree to the event's rules and liability waivers.
- Participants must be available for the mandatory tech rehearsal on the day.

8. Photography & Videography

- The event may be photographed and filmed.
 - By performing, participants grant permission for images and footage to be used for event promotion unless they opt out in writing.
 - Performers may record their own acts as long as it does not interfere with production or audience view.
-

9. Agreement & Signature

By signing below, the performer confirms that they have read, understood, and agree to abide by all rules and regulations outlined above.

Performer Name (Print): _____

Signature: _____

Date: _____

Emergency Contact Name & Number:
